

**June 8, 2020**

*(1) Sad Seal also... (2) Odd Otter (3) Writing poems for Change (4) Equal Justice Initiative (5) Alabama Arise (6) "Flagship" by Jason Isbell and the 400 Unit (7) Brief burst of working, making (8) Knowing when to stfu (9) Knowing when not to (10) S-'s new raised-bed garden (11) His new kiddie pool too (12) Reminiscing abt 70s/80s DC-area sports (13) Second week of Trying (14) Writing, the hobby (15) Shedding what isn't true (trying to) (16) Fixing the door wrong (17) Knowing it could be right (18) Having an idea for how to make it right (19) Amanda Shires fiddle solos (20) How a good text thread beats a Twitter any day (21) Mayor Woodfin (22) Learning abt drill bits (23) Eating the same thing every day (24) Permission to stop trying (25) "Last of My Kind" by Jason Isbell and the 400 Unit (26) Listening to the same music every day (27) Permission to find grooves (28) Permission to involve\* myself (29) A cool bath in the evening (30) Calling almost everything I write a prayer. Because that's what it is.*

*(\*This was an auto-correct that I've decided to keep. Intended word: "ungroove")*